

Join Us for the Enthronement of Ven. Khenchen Yangsi Rinpoche in Sarnath, India



We are honored to invite you to the auspicious occasion of the enthronement of Tulku Yangsi Rinpoche, the reincarnation of Ven. Khenchen Palden Sherab Rinpoche!

This ceremony will coincide with the Buddhist festival of Lha Bab Duchon on October 31, 2018. Ven. Khenpo Tsewang Dongyal Rinpoche will host this special event at the Tulku's seat of Orgyen Samye Chokhor Ling in Sarnath, India (www.PBCIndia.org).

We are honored that H.E. Terton Namkha Drimed Rinpoche will perform the enthronement ceremony.

Learn more about how HE Terton Namkha Drimed Rinpoche discovered the definite and unmistakable reincarnation of Ven. Khenchen Palden Yangsi Rinpoche, who he named Palden Yonten Thaye Lodro Chokyi Gyaltzen!

www.youtube.com/watch?v=zm11MpJBoiI&t=13s

In October 2018, students of the Venerable Khenpo Rinpoches are gathering from around the world in the holy land of Sarnath, India where the Buddha first turned the wheel of Dharma to celebrate the enthronement of Palden Yonten Thaye Lodro Chokyi Gyaltzen, the reincarnation of our precious teacher, the great scholar and master Venerable Khenchen Palden Sherab Rinpoche.

Soon after the consecration ceremonies, everyone is invited to follow in the footsteps of the great masters and devotees of the past, and go on a guided pilgrimage to some of the sacred places of Buddha Shakyamuni, including a visit to the PBC Miracle Stupa in Shravasti near Jetavan Grove. For those wishing to stay longer, the Sangha will also travel with a knowledgeable guide to Bodhgaya, Nalanda, and Vulture's Peak Mountain where we'll meditate, supplicate, and make offerings to all the enlightened beings of the past, present, and future.

**Please consider joining us for this pilgrimage
and sacred event!**

For more information, contact us at Padma Samye Ling

[\(607\) 865-8068](tel:6078658068) - jowozegyal@catskill.net

www.padmasambhava.org/event/yangsi-rinpoche-enthronement

**The PBC Pilgrimage to India in October 2018
is open for all sangha members and friends to attend.**

I. Pilgrimage dates

II. What everyone needs to arrange for themselves

III. Costs

IV. Sample Packing List

I. Pilgrimage dates

1. Arrive to Sarnath by October 24th, 1 week before the Enthronement. Please correctly calculate the time it takes to travel to Sarnath, and include a couple of days to rest up a bit. It takes at least 2 days to travel from USA to Sarnath.
2. Enthronement of Ven. Khenchen Yangsi Rinpoche in Sarnath, India on October 31, 2018
3. Pilgrimage to Miracle Stupa in Shravasti with Ven. Khenpo Tsewang Rinpoche will happen within a couple of days after the Enthronement, and will last for 2-3 days total.
4. Afterwards, for those staying longer, arrangements will be made for a knowledgeable guide to accompany those wishing to visit Kushinigar, Bodhgaya, Nalanda, and Vulture's Peak, which will last for about 5 extra days.
5. October 24th is the Theravadan celebration of Lha Bab Duchon when a procession of the Buddha's relics will circumambulate the Mahabodhi Temple in Sarnath.

II. What everyone needs to arrange for themselves

1. **Book round trip airplane flights to:** (1) Delhi India, and (2) from Delhi to Varanasi. Varanasi is located near Sarnath, India, where the PBC Monastery and Nunnery are located.

Here is a link to the location of **Orgyen Samye Chökhör Ling Nunnery on Google Maps:**

<https://www.google.com/maps/place/Orgyen+Samye+Chokhor+Ling+Nunnery+of+the+Padmasambhava+Buddhist+Center/@25.38474,83.0233732,242m/data=!3m1!1e3!4m13!1m7!3m6!1s0x398e2ee870d6a12b:0xa1c385b2ea1fa974!2sSarnath,+Varanasi,+Uttar+Pradesh+221007,+India!3b1!8m2!3d25.3761664!4d83.0227103!3m4!1s0x0:0x71b90cde2eae03f8!8m2!3d25.3844939!4d83.02355?hl=en>

2. **Make sure you have a Current Passport**

3. **Get a Travel Visa.** Contact your local embassy. If you're planning on traveling outside of India and then re-entering India during your stay, plan on getting a "Multiple Entry Visa."

Nunnery Address:

Orgyen Samye Chökhör Ling
Tibetan Nyingmapa Buddhist Nunnery
SA-13/10 Khajuhi, Sarnath-221007
Varanasi (U.P.) INDIA

Contact:

Ms. Pema

Contact Telephone Number:

011 91 7348500332

Contact Email:

orgyensamyechokhorling.vns@gmail.com

4. **Any vaccines you would like to take.**

It is recommended to consult your own doctor about this.

5. **Recommended Hotels at Various Locations:**

Delhi (Radisson at the airport)

Varanasi/Sarnath (Taj Hotel; Clark Hotel)

Shravasti near PBC Miracle Stupa (Lotus; Burmese Guesthouse; various other monastic guesthouses:

www.google.com/search?q=guesthouses+in+shravasti+india&ie=utf-8&oe=utf-8&client=firefox-b-1)

Bodhgaya (Hotel Mahayana; variety of accommodations)

III. Costs

1. **Plane flights:** Costs vary depending on when you buy the tickets, and where you fly out of USA from. Many people fly through NYC. Virginia Atlantic and Delta are standard

international airlines. Air India is a national airline within India.

If it's possible, travel together with other Sangha members to help coordinate ride sharing.

Feel free to ask your local PBC Sangha Coordinator to find out who else is traveling to India.

2. **Personal Spending money** Bring enough money for traveling expenses such as gifts, food on the go, taxis, etc.

3. **Donation for staying at the Nunnery: \$38 per person per day** for accommodations, which includes 3 vegetarian meals per day at the nunnery.

4. **Suggested Donation for Enthronement preparations and tsok offerings: \$145 per person**

5. **Transportation between India locations is each individual's responsibility, and will be calculated on site.**

Please note that contributions for accommodations and preparations for the Enthronement Ceremony will need to be collected by at least two weeks before the Enthronement (around October 17th) via check (payable to "PBC" with "India Ceremony Donations" mailed to Padma Samye Ling), or completed via PayPal. This will greatly help prepare for the Enthronement.

Also Note: Current exchange rate (as of September 15, 2018) of **US Dollar to Indian Rupee is: 71 Indian Rupee (INR) = 1 US Dollar.**

The exchange rate changes so keep an eye on it here if you like:

www.xe.com/currencyconverter/convert/?Amount=1&From=USD&To=INR

IV. Sample Packing List

Dharma items

1. Your daily practice sadhanas
2. Additional Aspiration Prayers you might want to recite at holy sites
3. Dharma robes
4. Mala
5. Inspiring Dharma book for travel times
5. Journal

Food

1. Recommended to bring your own water bottle or thermos (since you know if it is clean).

2. Always avoid any food, drink, dessert, etc. that contains unboiled water. Always.
3. Only drink from *sealed* water bottles.

4. Trail mix or power bars
5. Crackers
6. Powdered milk
7. Cereal
8. Peanut butter (if desired)
9. Coffee (difficult to get in India)
10. Emergen-C Vitamin C/electrolyte packs to mix in bottled water
11. Small treats to enjoy or share with others throughout the trip
12. Any of your usual food supplements

Necessities

1. Individual packs of Kleenex tissues (can get toilet paper there)
2. Hand sanitizer
3. Sanitary wipes (to wipe off tables, etc.)
4. Own cup and utensils (can buy bowl there if desired)
5. Own towel
6. Bar(s) of soap
7. Own toiletries
8. Sleeping bag
9. Pillow case
10. Money belt(s) with additional safety pin to keep attached. Important.
11. Comfortable walking shoes. Important.

Possible First Aid/Medical Kit Items

1. If desired, get Cypro antibiotics (or equivalent). Check with your doctor.
2. Imodium
3. Ibuprofen
4. Cough drops
5. DEET mosquito repellent (it needs to work)
6. Benadryl (capsules and ointment)
7. Band Aids
8. Aspirin or equivalent
9. Antibacterial Ointment and skin cleanser
10. Antacids
11. Antihistamines
12. Shampoo
13. Adhesive bandages
14. Antibiotics
15. Plastic strip thermometers
16. Grapefruit Seed Extract (strengthens immune system. Add to bottled water as directed)

17. Probiotics (e.g. Primal Defense, to take daily as directed)
18. Green drink mix super food (In India eating leafy greens is rare, and if eaten they must be cooked well.)
19. Your basic daily medications and vitamins.
20. JetZone Homeopathic Jet Lag remedy (it works really well)
21. Medical Insurance for traveling (If you desire this. Check with your insurance provider)

Clothes

1. Flip flops for bathrooms and showers
2. Slip on shoes
3. Socks/Tights
4. Scarves for dust or head cover (or mask, but more people use scarves)
5. Skirts
6. Layers of clothing
7. Flashlight (small)
8. Alarm clock (AA battery-operated)
9. Sunglasses. Important.
10. Hat for sun
11. Shawl for cool mornings/evenings
12. Extra contact lenses and contact solution if you need.
13. Extra pair of prescription glasses if you need.

Remember . . .

1. Always wipe all water off plates and glasses before using them.
2. Hand wash clothes in bucket (can get soap locally)
3. Don't give money to beggars until you're almost back to where you're going.
4. Feel free to take candy to give to kids.
5. Do NOT eat the butter or drink milk (okay in chai because it's been boiled)
6. Gifts for monks and nuns: it's better to not give something individually to one person. If you're going to leave something behind, give it to Khenpo Rinpoche to be used by all the Sangha.
7. If you need to call USA, get a phone with International card. India landline can be unreliable.
8. Can check email from Sarnath cyber cafe (... if you're lucky)
9. Traveler's Checks are sometimes hard to cash. ATM is often easier. Need to cash checks in larger cities, b/c in rural areas they don't have ATMs or will not cash checks.
10. Electricity very spotty (usually out for half of the day in many areas)
11. Ginger tea (or real ginger candy) is good for diarrhea and upset stomach.
12. Leave extra room in suitcase on the way if you plan on bringing extra items back to USA (Approximate international 50 lb. weight limit per bag. Check with your airline regarding exact weights and any additional luggage fees.)

Tips

1. Don't show money or passport obviously in public.
2. Send clothes to be laundered only in decent hotels. Otherwise hand wash.
3. Wash all underwear yourself – also other clothes as well if possible.
4. For high altitude, drink lots of water, eat high carb foods, and cut back on salt.
- 5 Important: Only drink from bottled water. Always wipe water off plates and glasses before using them.

**Please feel free to write or call with any questions.
This is a very special opportunity,
and everyone is warmly invited to participate.**

For more information, contact us at Padma Samye Ling

**(607) 865-8068
jowozegyal@catskill.net
padmasambhava.org**

Orgyen Samye Chökhör Ling

Nyingma Buddhist Nunnery
Sarnath, Varanasi

www.pbcindia.org

email: orgyensamyechokhorling.vns@gmail.com

telephone: 011 91 7348500332

(Calling from the US to India: (011 + 91 + phone number)

Note: The emergency cell of Lama Lorraine in India will be shared once she arrives to India.

Here's a Google Maps link to Sarnath:

<https://maps.google.com/maps?q=Sarnath,+Varanasi,+Uttar+Pradesh,+India&hl=en&ll=25.384128,83.024299&spn=0.002052,0.003825&sll=42.746632,-75.770041&sspn=6.832468,15.666504&oq=sarnath+india&t=h&hnear=Sarnath,+Varanasi,+Uttar+Pradesh,+India&z=19>

Padma Samye Ling
618 Buddha Highway
Sidney Center, NY 13839
(607) 865-8068
jowozegyal@catskill.net

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